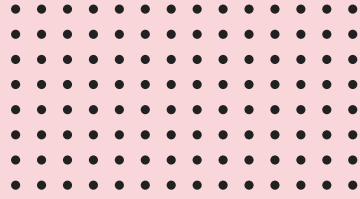


# Daliana Dance Handbook



2023-2024



This handbook is current as of the date it was distributed. The Program Owner may change guidelines and procedures at any time. Daliana Dance students and families will be notified of changes via email and BAND app.

Daliana Dance is committed to you/your child's success. We are excited to support your dance journey and foster your growth as a dancer. This handbook provides information about our program and answers common questions. Please read it carefully and ask any questions you have.

Thank you for your interest.  
We look forward to you joining our dance family!

**Daliana Simons** (Owner)

Program Location:  
5575 Garden Village Way, Greensboro NC 27410  
**[www.dalianadance.com](http://www.dalianadance.com)**  
[dalianadance@gmail.com](mailto:dalianadance@gmail.com)



# Daliana Dance

## Mission Statement and Code of Ethics

The dancers and staff of Daliana Dance are a dynamic group of people who respect each other, the art of dance, and the value of their work. Everyone who participates is expected to uphold the values and ethics that are outlined below. We study and perform as an expression of our love of dance, and we show respect to our parents, peers, staff, faculty, and the wider dance community, including our competitors. We consider it a privilege to be a part of a global community of dancers who exemplify the values of integrity, character, leadership, responsibility, and professionalism.

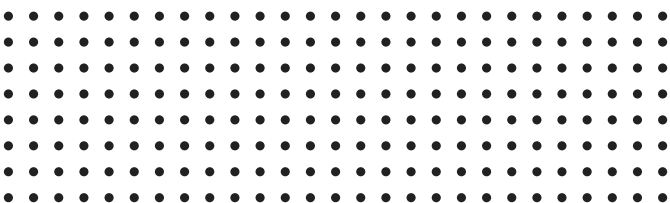
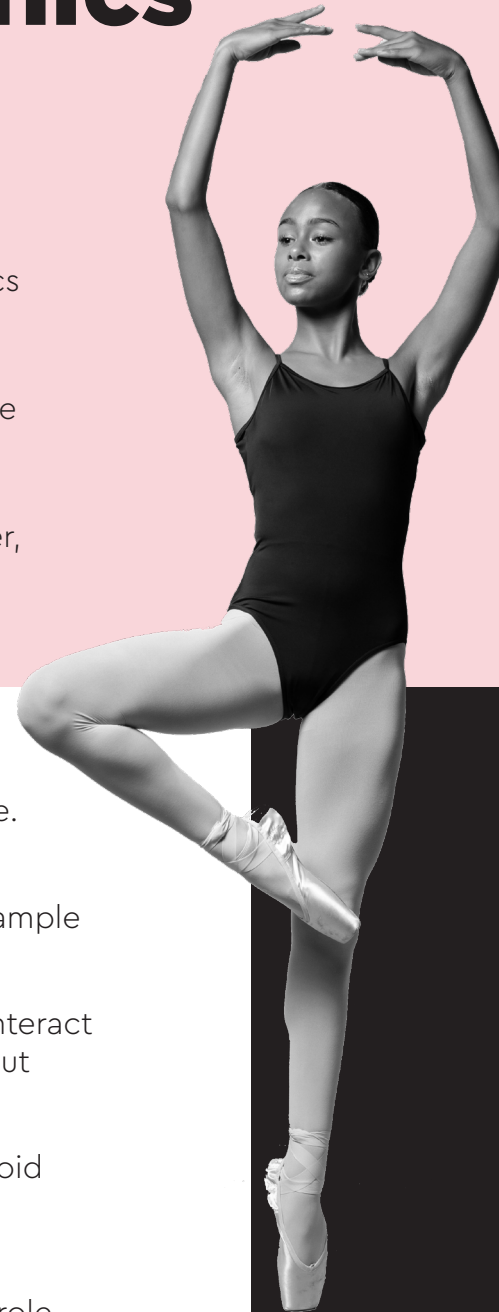
**INTEGRITY:** Be honest, respectful, and considerate. Lead by example. Honor commitments. Be dependable.

**LEADERSHIP:** Guide, direct, and influence people to achieve their highest goals and ideals by setting an example and serving others.

**RESPONSIBILITY:** Respect and adhere to the rules, interact maturely, question authority respectfully, speak up about issues, and be willing to receive coaching.

**CHARACTER:** Be honest, responsible, and mature. Avoid gossip, criticism, and disparaging remarks.

**PROFESSIONALISM:** Respect the dance profession, support others, voice opinions, recognize oneself as a role model, and love dance.





## Communication!

Daliana Dance uses the website, team meetings, and **BAND** app to communicate with parents. Parents should check **BAND** daily and the website regularly. Questions, comments, and concerns should be sent via BAND. Do not contact instructors directly.



**Use BAND for all communication.**

## Class Placement

Dancers are placed in classes where we feel they will grow and be the most successful as an individual and class member. Our trained, educated and professional teaching staff knows what combination of dancers and technical abilities will work to build successful individuals and classes.

A dancer's class placement may be adjusted to a higher or lower level based on progress and growth, maturity, availability and attendance, or any other issue deemed appropriate to consider.

Once dancers have been assigned respective classes, please do not approach instructors about your dancer's placement. Also, please know we only want each dancer to be the absolute best they can! Questions or concerns about that issue should be directed to:

**[dalianadance@gmail.com](mailto:dalianadance@gmail.com)**



# Tardiness

Arriving to practice more than 15 minutes late is considered tardy.

If your dancer is tardy (15 minutes late or more) then she/he has missed the warm up and will need to do so independently before joining in with the class. In some cases they may have to sit out depending on the lesson. If, in the opinion of the instructor, your tardiness is excessive and hampering progress of the individual or the class as a unit, the dancer can be dismissed from said class without a refund.



# Absences

Always inform your instructor via **BAND** if your dancer will not attend class. If, in the opinion of the instructor, your absences are excessive and hampering progress of the individual or the class as a unit, the dancer can be dismissed from said class without a refund.

# Inclement Weather

Safety is always the first priority. In the event of predicted or actual inclement weather before and or during classes, the Studio Owner will post class status on **BAND**.



# Studio Rules and Etiquette



- Arrive on time
- Hair pulled back and secured. (Must be in a bun for ballet classes)
- No hairdressing in class is permitted.
- Wear minimal or NO jewelry to avoid accidents or injuries.
- Hair beads are a hazard (please wrap them prior to class).
- No loose clothing.
- Respect personal space and boundaries of fellow dancers, instructors and staff.
- Support and encourage fellow dancers; foster a positive atmosphere.
- Listen attentively to instructions and ask questions respectfully.
- No electronic devices in the classroom. (no cell phone, watches, tablets)
- No eating, drinking or chewing gum in the classroom area (water only).
- Due to limited space, avoid bringing additional clothing, shoes, etc..
- Daliana Dance is not responsible for items lost, left or stolen. Please keep up with your belongings.
- Maintain cleanliness and tidiness in all shared spaces.
- Maintain personal hygiene to ensure a pleasant environment for all.
- Parents are always welcome inside to observe class (unless we are working on show choreography that we would like to surprise you with on stage!) Younger siblings can be a distraction, we ask that they are not in the classroom if they are unable to sit quietly.
- Keep noise levels low in common areas to avoid disturbing ongoing classes.
- Dancers/children should not be left unattended in the parking lot at any time. Parents of young dancers must come to the door to pick them up. Dancers waiting for rides must remain inside of the building until their parents arrive.
- If you are 15 minutes late or more picking up your dancer, and it is the last class of the evening, you will be charged \$20 per 15 minutes, and the fee must be paid prior to attending their next class.
- You cannot sell, recreate, or create Daliana Dance attire, bags, etc. Our name and logo is copyrighted. All ideas for apparel must be emailed and approved by management.





# “Season Snapshot”

Daliana Dance Season runs year round with classes offered throughout the summer months to maintain flexibility, endurance, and grow the skillset.

## JULY-AUGUST

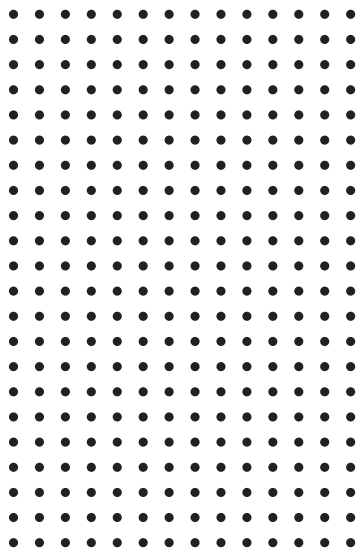
Registration  
 Class Placement  
 Team Auditions  
 Team Placement  
 Team Prep Classes  
 Optional Camps/Intensives  
 Flexibility  
 Conditioning  
 Technique  
 Drills

## SEPTEMBER- OCTOBER

Choreography  
 Studio Bonding  
 Halloween Fun  
 Fund Raising  
 Flexibility  
 Conditioning  
 Technique  
 Drills  
 (Instructor Enhancement)

## NOVEMBER- DECEMBER

Optional Master Classes  
 Winter Showcase  
 Rehearsals  
 Parade Rehearsals  
 GSO Holiday Parade  
 Winter Showcase  
 Flexibility  
 Conditioning  
 Technique  
 Drills



## MAY-JUNE

Showcase Rehearsals  
 Showcase June 11  
 Season End Celebration  
 Flexibility  
 Conditioning  
 Technique  
 Drills  
 Optional clinics/Intensives

## JANUARY-APRIL

Competitions Begin  
 Studio Photos  
 Choreography  
 Flexibility  
 Conditioning  
 Technique  
 Drills



# Membership Payment Details

Tuition is charged in 12 equal payments from August to July, regardless of the number of classes in a month. The tuition amount remains the same, even if the month has 2 weeks or 5 weeks. Payments do not vary due to holidays or the number of weeks in a month. Tuition and fees are non-refundable. You may pay tuition or fees in advance.

Tuition is due on the 1st of each month. Dancers will not be allowed to attend classes if tuition is not paid by the 6th of the month. A late fee of \$25 will be charged.

Tuition will not be prorated due to late registration, holidays, vacations, absences, studio closures, or illness.

If you choose to withdraw from the studio, you must provide a 30-day written notice. Otherwise, you are responsible for the remaining tuition. No refunds will be issued.

You may not skip a month of tuition. Enrollment is understood to be for the 12-month dance season, August 2023- July 2024.

## Accepted Payments Methods:

**VISA, MASTERCARD, PAYPAL,  
CHECK, CASH**



# Membership Options

Dancers age 7 thru 17 have two options:

## AGE 7-17

### OPTION 1:

**\$175** per Month Gold Membership  
Up to 3 weekly class hours!

### OPTION 2:

**\$250** per Month Platinum  
Membership  
Unlimited weekly class hours

## AGE 5-6:

**\$90** Monthly Silver 2-3 weekly  
class hours

## AGE 4 AND UNDER AND ADULTS: :

**\$60** Monthly Bronze  
1-2 weekly class hours

**We charge an annual Registration Fee  
\$50 per Family**

**Bi-Annual Showcase/Event Fees**

**\$150 Due October 1 and \$150 Due  
February 1**

**Competition Fees are additional and  
separate from tuition**





# Attire Requirements

## What do I wear to dance class?

\*\*(Failure to attend class in proper attire will result in sitting out or extra conditioning)



### AGE 4 AND UNDER:

Pastel Pink, Yellow or Light Blue Leo  
Ballet Pink Convertible Tights  
Ballet Pink Canvas Ballet Slippers  
NO SKIRTS, NO TUTUS, NO CROWNS  
PLEASE

### AGE 5-6:

Black Leo  
Flesh Tone Convertible Tights  
Flesh Toned Canvas Ballet Slippers

### AGE 7-8:

Grape Leo and Black leotard  
Flesh Toned Convertible Tights  
Flesh Toned Canvas Ballet Slippers

### AGE 9-10:

Red Leo and Black Leotard  
Flesh Toned Convertible Tights  
Flesh Toned Canvas Ballet Slippers

### AGE 11-12:

Royal Leo and Black Leotard  
Level 1-2 Ballet Flesh Toned Tights  
Level 1-2 Ballet Flesh Toned Canvas  
Ballet Slippers  
Level 3-4 Ballet Pink Tights  
Level 3-4 Ballet Pink Canvas Ballet  
Slippers and Pointe Shoes

### AGE 13 AND UP:

Black Cherry Leo and Black Leotard  
Level 3-4 Ballet Pink Tights  
Level 3-4 Ballet Pink Canvas Ballet  
Slippers and Pointe Shoes

# Suggested Resources for Attire

## **SUPPORT LOCAL:**

Carolina Dancewear  
1627 New Garden Road 27410

## **ONLINE RESOURCE LEOTARDS:**

[https://www.dancewearsolutions.com/leotards/tank\\_and\\_halter/mt7491n.aspx](https://www.dancewearsolutions.com/leotards/tank_and_halter/mt7491n.aspx)

## **TIGHTS KIDS SIZES:**

<https://www.dancewearsolutions.com/kids/tights/t90c.aspx>

## **TIGHTS ADULT SIZES:**

<https://www.dancewearsolutions.com/tights/convertible/t90.aspx>

## **CONTEMPORARY CLASS RESOURCE:**

### **Dance Socks for Floorwork**

[https://www.dancewearsolutions.com/accessories/other\\_accessories/ho66.aspx](https://www.dancewearsolutions.com/accessories/other_accessories/ho66.aspx)

## **TAP CLASS:**

Bloch or Capezio Black Leather Lace Up Tap

## **ADDITIONAL WARM UP ATTIRE MUST BE BLACK, SOLID AND TIGHT FITTING:**

Black Leg warmers are highly recommended in the cooler months. No loose or baggy tee shirts or sweatshirts are allowed unless requested by instructor (example: contemporary floorwork)

## **INTERNATIONAL CLASS:**

### **Scimitar Sword**

Resource Options:

<https://www.kultofathena.com/product/baladay-scimitar/>

<https://www.kultofathena.com/product/baladay-scimitar-small-version/?item=SW665S>

## FAN VEILS:

### Practice Fan Veil

[https://www.amazon.com/KIKIGOAL-Right-Women-Length-Gradual/dp/Bo7T8XYNK1/ref=sr\\_1\\_1\\_sspa?crd=TXCSN4LBoOGZ&keywords=fan%2Bveils%2Bbelly%2Bdance&qid=1656350180&sprefix=fan%2Bveil%2Caps%2C98&sr=8-1-spons&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEzNVJFQUw2MlBaSzEyJmVuY3J5cHRlZEIkPUEwODk2MzU3M1BWWEZKR0t1TSTlSRiZlbnNyeXB0ZWZWRBZEIkPUEwODc1MDc5Q1haRUhNVjVPMTdCJndpZGdldE5hbWU9c3BfYXRmJmFjdGlvbj1jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJ1ZQ&th=1](https://www.amazon.com/KIKIGOAL-Right-Women-Length-Gradual/dp/Bo7T8XYNK1/ref=sr_1_1_sspa?crd=TXCSN4LBoOGZ&keywords=fan%2Bveils%2Bbelly%2Bdance&qid=1656350180&sprefix=fan%2Bveil%2Caps%2C98&sr=8-1-spons&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEzNVJFQUw2MlBaSzEyJmVuY3J5cHRlZEIkPUEwODk2MzU3M1BWWEZKR0t1TSTlSRiZlbnNyeXB0ZWZWRBZEIkPUEwODc1MDc5Q1haRUhNVjVPMTdCJndpZGdldE5hbWU9c3BfYXRmJmFjdGlvbj1jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJ1ZQ&th=1)

### Practice Veil

[https://www.amazon.com/dp/Bo7BB3F441/ref=sspa\\_dk\\_detail\\_1?psc=1&pd\\_rd\\_i=Bo7BB3F441&pd\\_rd\\_w=vGBeY&content-id=amzn1.sym.999c0877-3704-4f0f-9726-eebf80846a35&pf\\_rd\\_p=999c0877-3704-4f0f-9726-eebf80846a35&pf\\_rd\\_r=65DWZQZWDYSTX2CV1QFD&pd\\_rd\\_wg=0ohK6&pd\\_rd\\_r=08bebbff-dd6b-4107-bff9-eb09db37ee93&s=apparel&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEyTjJPU1BXSIFLV1EyJmVuY3J5cHRlZEIkPUEwNzk5Njg4MlBMSU1NWjhPUERCMCZlbnNyeXB0ZWZWRBZEIkPUEwNDQ4Mzc5M1E2VTRUM1YyVVRRCJndpZGdldE5hbWU9c3BfZGV0YWwlsJmFjdGlvbj1jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJ1ZQ==](https://www.amazon.com/dp/Bo7BB3F441/ref=sspa_dk_detail_1?psc=1&pd_rd_i=Bo7BB3F441&pd_rd_w=vGBeY&content-id=amzn1.sym.999c0877-3704-4f0f-9726-eebf80846a35&pf_rd_p=999c0877-3704-4f0f-9726-eebf80846a35&pf_rd_r=65DWZQZWDYSTX2CV1QFD&pd_rd_wg=0ohK6&pd_rd_r=08bebbff-dd6b-4107-bff9-eb09db37ee93&s=apparel&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEyTjJPU1BXSIFLV1EyJmVuY3J5cHRlZEIkPUEwNzk5Njg4MlBMSU1NWjhPUERCMCZlbnNyeXB0ZWZWRBZEIkPUEwNDQ4Mzc5M1E2VTRUM1YyVVRRCJndpZGdldE5hbWU9c3BfZGV0YWwlsJmFjdGlvbj1jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJ1ZQ==)

## Note to all:

Daliana Dance is a drama-free zone. Talking negatively about instructors, other dancers/children, the program, or families within the program is not allowed, whether it is done openly or privately. Bullying of any kind is also unacceptable. This includes both the dancers in the program and their parents. A parent's behavior or attitude can be grounds for a dancer's removal from the program. Daliana Dance reserves the right to remove anyone who they feel is causing a disruption to the program without a refund. Just dance, and keep it positive!

**Thank you and welcome to Daliana Dance  
2023-2024!!**