



# DALIANA DANCE TEAM HANDBOOK

2022-2023





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*The contents of this handbook are effective as of the date of initial distribution for the current dance season. Guidelines and operational procedures pertaining to the dance season may be modified or changed at any time by the Program Owner. If a change/modification occurs within a season, notification will be made to all Daliana Dance students and their families via email and BAND app.*

Here we build quality dancers, and high quality individuals ready to spread greatness. Daliana Dance is not a “Competition-Only” studio. Pride is established in the diversity of our offerings.

### Why Consider Our Dance Team?

Of course the additional rehearsals, conditioning, training and performance will create a stronger dancer, but there are so many other wonderful reasons to compete! Discipline, Sportsmanship, Teamwork, Confidence, Self Esteem, Perseverance and Commitment! Being on a Dance Team also **develops social skills like empathy ,conflict resolution, showing respect for others, and keeping your cool**, all of which are transferable to other aspects of life.

Through the unforgettable memories and difficult times, your teammates become your soulmates! Dance team is where you'll find friends who have your back, and best of all, they become your second family!

It is crucial that this is a path the DANCER is interested in taking and the family understands the time commitment and especially the financial undertaking. Please review the Dance Team Payment Info Sheet.

Any dancer who wishes to compete, must audition for team placement and or solo, duet or trio placement each season. Participation in team one season does not guarantee your placement, level, or teammates the following season. Our goal is to ensure the dancer is placed appropriately, resulting in the team and individual having confidence, growth and a positive experience. A solid, consistent, and dedicated team is critical for the success of our dancers. Daliana Dance Team is a commitment! We do our best to ensure you are fully informed upfront.

We want everyone to understand the obligations inherent with acceptance into the Daliana Dance Team.



# DALIANA DANCE TEAM MEMBERS

*This band is specifically for ALL Daliana Dance Team members to communicate together.*

*Scan this QR code and join!*



## TEAM PLACEMENT

Dancers are placed on teams where we feel they will grow and be the most successful as an individual and team member. There are guidelines for technique and skills required for teams. However, there are exceptional circumstances when a dancer might be placed based on a specific trait that they offer to the team. For all teams, we are seeking enthusiastic dancers with positive attitudes, a willingness to work, dependability, cooperativeness, and spirit of fun!

The dance instructors know what combination of members and abilities will work to build successful teams. An athlete's team placement can change based on progress, availability or any other issue deemed to be a concern or conflict by the head team instructor. We reserve the right to move dancers up or down in level or team if found necessary.

\*Once dancers have been assigned respective classes, please do not approach instructors about your dancer's placement. Questions or concerns about that issue should be directed to [dalianadance@gmail.com](mailto:dalianadance@gmail.com).

The Dance Competition Team is NOT for everyone. Dance can be thoroughly enjoyed with the traditional classroom experience complete with occasional parent class observations, parades and annual or bi-annual showcases.





# COMPETITIONS

All competitions and appearances are mandatory as a Daliana Dance Team Member. The dates and locations of these competitions are posted well in advance so Dancers and families can review and plan. We need Dancers & families who can commit to ALL of the practices, competitions and events. If there is a known conflict with a competition the staff must be notified via BAND and EMAIL within 3 days of putting out the full competition schedule.

## The Competition BASICS Be on time and be ready

**Arrival:** Upon arrival to competition dancers must be in their warm up, and in full hair and make up.  
All dancers are to remain in competition costume during their awards ceremony.

# THE COMPETITION APPEARANCE & ATTIRE

Dancers are to arrive and leave each competition in **FULL WARM UP**.

**Hair and Makeup:** You will receive specific instructions on wear of hair and makeup.

No jewelry.

Fingernails must be cut short. No acrylic or fake nails. No nail polish of any kind. Competitions attended by Daliana Dance teams are selected by the staff. While on location for a competition, it is expected that dancers and parents be present and on time for all practices, warm-ups, meetings, and events.

While teams may attend competitions and camps in locations where leisure activities are available, parents and dancers need to keep in mind that the primary purpose is the DANCE event. Activities such as dinner, sight seeing, shopping, swimming, etc. will not be prioritized above dance-related events.

\*Swimming prior to competing (including the evening before) is highly discouraged as it exhausts the body and compromises full execution of ability.

# The Competition TRANSPORTATION

Dancers are to ride to and from competitions with an adult. If a Dancer will be traveling with an adult other than their parent or guardian please notify us. If a situation arises where you are unable to transport your dancer to/from practice or competition, inform us as soon as possible and we will assist in making resources available in order to arrange transportation.

## Inclement Weather

\*In very rare cases, severe inclement weather may prevent safe travel to or from a competition. The Program owner will make the final decision on the status of Daliana Dance's participation in that competition, first taking safe travel into consideration. The ability to receive a refund in this instance will be determined by the competition host.



# Absences

Absences will be handled on a case-by-case basis. Examples of excused absences include sickness, exposure to COVID-19, family emergencies and APPROVED school-related required or graded events. **For planned absences, a coach must be notified via Band 3 weeks prior to the scheduled practice.**



Absences due to major events (school testing, vacation, wedding, family reunion, etc.) which are known well in advance (12 weeks or more), instructors need to be notified as soon as possible so that alternative plans can be made for the team.

Any absence (even partial) of a dancer during a “competition week” can result in the dancer not being permitted to participate in that competition. This includes excused absences. No refunds will be given for missing a competition as a result of the dancer’s absence.

## ***“I can’t come to dance because I am punished”***

Please do not use Daliana Dance Team rehearsals, or competitions as a reward/punishment for your child. Your dancer has made a commitment to a team and to attend all practices and competitions. The team should not be punished for something that happened outside the studio.

Parents who feel otherwise and would consider using dance as part of a reward/punishment system for their child should not participate in our program.

If a dancer has more than 3 unexcused absences in a season, this will result in immediate dismissal from the program without refund of fees.



# PARTICIPANT BEHAVIOR EXPECTATIONS AND AGREEMENTS



Preparedness for regular weekly classes  
(arrival time hair, attire, jewelry, props)

Being kind to class and teammates (not Bullying  
nor Silence/Ignoring one another is acceptable  
behavior)

Showing respect to all instructors and class assistants,  
peers and parents

“No-Trash Tiktok” or any negative or offensive social  
media. While social media is a staple for virtually  
everyone, be sure you monitor the songs, language, and  
implications your dancer is posting. Once you are on  
a team, you are no longer representing only yourself.  
You are representing your team, so keep it clean.

We always show respect for our teammates, all  
dancers at the studio, as well as dancers and teams  
outside of the studio.

Together we learn how to be proud of one's  
accomplishments without being condescending to others.  
Mindfulness is golden.

You must be coachable. Understanding that critiques  
are not done to tear you down but to help build your  
skillset as a better dancer and competitive athlete.  
We are not in the business of  
singling out and or hurting feelings.

You understand negativity, and a bad attitude  
has no place in the dance classroom.

You understand there is no Bullying

As a soloist you understand that if you are  
removed from a team, you also forfeit your solo

I understand my failure to adhere to the  
student behavior, expectations and agreements  
can result in suspension and or expulsion from the  
team and or my soloopportunities and studio.



We have read and accept the terms of the both the Daliana Dance Studio and Team Handbooks. We understand failure of compliance can result in suspension and or removal from the Daliana Dance program without a refund

Dancer Name\_\_\_\_\_

Dancer Signature\_\_\_\_\_

Date\_\_\_\_\_

Dancer Parent Name\_\_\_\_\_

Dancer Parent Signature \_\_\_\_\_

Date\_\_\_\_\_



# Parent Behavior, Expectations and Agreements



I will only speak kindly and positively in reference to all Daliana Dance, our Staff, Students and their families. Not Bullying nor Negativity is a part of the Daliana Dance program. (If I have a concern about another parent, students behavior, or staff member, I will come to management directly)

I respect each team, no team or team member is more valuable than another

I trust team placement as decided by Daliana Dance, Choreographers and Instructors to be most beneficial for growth and morale of dancers

I will ensure my student will attend required rehearsals, practices, team bonding activities

I understand my child is expected to participate and represent the team in "Studio Wide" events such as open house, fundraisers etc

I will notify Daliana via Band Chat of any known conflicts

I will not communicate to judges at competitions

I will not video rehearsals or competitions

I trust that Daliana seeks out professional competitions, with knowledgeable judges, and will therefore not devalue the results or competition network.

I understand my failure to adhere to the parent behavior, expectations and agreements as well as assisting my child in following the guidelines of the student behavior, expectations, and agreements can result in suspension and or expulsion of my dancer/s from the team and or their solo opportunities. Further, I understand there are NO REFUNDS when expelled or suspended, or in the event that my dancer quits the program.

Dancer Parent Name \_\_\_\_\_

Dancer Parent Signature \_\_\_\_\_

Date \_\_\_\_\_